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Emily Dahl Foundation Sets \$5000 SKY Volleyball Award in Motion

(From left to right: Troy Lorenson, Kalli Hamilton-Gee, Allison Hobkirk, Hannah McCaffrey, Kristina Tobler, Leanne Hammond) (Photo Credit: Tyler Martin <u>www.tylermartinphotography.com</u> 2021)

In Emily Dahl's wonderful experience in this world, she managed to make a positive impression on everyone who's life she touched. Care, compassion, and love were Emily's touchstones and the Emily Dahl Foundation, created in her memory, is committed to keeping those key human qualities alive and well.

With that in mind, the Emily Dahl Foundation is delighted to announce support for a student graduating from School District 22 who pursues and embodies the same character that Emily so warmly displayed. Emily spent many years at SKY Volleyball, some of her happiest times were being a part of a team, sharing in the camaraderie, friendship, and support that a team provides. Sport has a way of bringing out the best in people: working towards a common goal, honing skills, and sharing laughs are but a few things sports encourage.

According to Emily's coach Troy Lorenson, "Emily was one of the most empathetic athletes I ever had the pleasure of coaching. She exemplified what it is to be a team player. She went out of her way to make new players feel accepted and to ensure everyone knew they were a valued member of the group. Her blend of confidence, skill and compassion made her a natural leader. To know that her legacy will live on through this generous scholarship is incredibly touching."

Leadership at the Emily Dahl Foundation recognizes that embarking on post-secondary education is both a commitment of time and financial resources. Covid-19 has increased the pressures students face by forcing them to adapt to virtual on-line options instead of in-person classroom learning, making it even more challenging to earn the necessary funds to pay for their tuition. With the cost of education increasing, getting a degree has become even harder.

Most importantly, The Emily Dahl Foundation points to the importance of self-realization in all that we do, this focus will allow students to better manage both positive and negative emotions.

According to Kristina Tobler, Emily's close friend and a co-founder of the Emily Dahl Foundation, "Emily was such a caring person. She would be so proud to know that she is still helping make the world a better place. It feels like she is still right there, walking beside the student who gets this award, telling them that we all believe in them, that we want to make the student experience wonderful by helping out financially."

The student that is selected will also receive one of the handcrafted carvings by Ted Ohlsen. Ted Ohlsen of Flin Flon pioneered diamond willow carvings in the early 70's. Challenged by the loss of his eyesight due to a hunting accident in 1960, Ted has found diamond willow carving to be a relaxing way of expressing his love for the great Canadian outdoors. The Emily Dahl Foundation shares a similar belief in that "inner engineering" is the key to managing one's emotions. This approach to self-realization is a key educational goal of Ted Ohlsen and The Emily Dahl Foundation as they work together to help others.



Any student who plays or has played with SKY Volleyball is encouraged to find out more about this generous award through their school, SKY Volleyball <u>www.skyvolleyballclub.ca</u> or through the Emily Dahl Foundation <u>www.EmilyDahlFoundation.com</u>.

For more information contact Leanne Hammond at CFNO cell 250.300.6061

The Dahl Family The Emily Dahl Foundation Friday, January 29, 2021 www.emilydahlfoundation.com