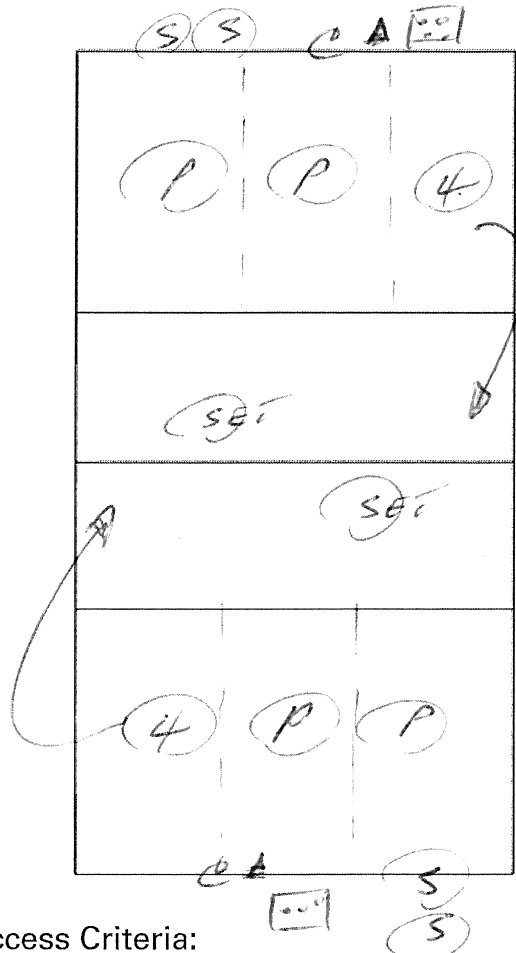


SERVE RECIEVE
" SWING - ATTACKER

Drill Name: PASSING " Skill Featured: SERVICE RECEPTION & SWING ATTACKING.



Objective:

- SUCCESSFUL L/S ATTACK
OFF 3- PERSON RECIEVE
- WORK ON SPACING, PASSING,
COMMUNICATION.
- FOOTWORK OF #4 L/S
ATTACKER

Conditions:

GROUPS OF SERVERS (2-3)
GROUP OF PASSERS (3)
SETTER EACH SIDE

- * ALTERNATE SIDES / SERVES
- PROGRESSION -
- ** CAN PLAY EACH BALL OUT

Success Criteria:

TERMINATE (2) BALLS OUT OF SERVE RECIEVE -
ROTATE.

SERVERS STAY UNTIL EACH PASSING GROUP KILLS
(2) EACH - THEN SWITCH.

CAN DO MULTIPLE TIMES

Reference Points/Cues:

IF SERVE OR PASS QUALITY IS LOW -

COACH CAN ENTER EASIER SERVE / TOS
TO ENSURE DRILL FLOW